

For Immediate Release

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Parents Encouraged to Vote with Children in Mind on November 7th

The Michigan Council for Maternal and Child Health reminds parents to get out and **Vote with Children in Mind** on November 7, 2006.

Vote with Children in Mind is a non-partisan, public education project created in 1992 to position childhood well-being as a prominent issue in the election dialogue between candidates, parents as voters, and communities. The theme of this year's initiative is Bring Democracy Home- Vote with Children in Mind. Resource materials can be found at www.mcmch.org.

Michele Strasz, Project Coordinator, suggests the following ideas for families to Bring Democracy Home:

- ☞ Talk to your kids. About voting, issues, candidates, and media ads.
- ☞ Read the paper together and talk about issues. Are the things that concern them getting any attention?
- ☞ Get online. Research the candidate's positions on issues that concern your family. If the candidate does not have a position ask them for a response.
- ☞ Send out a family letter or email reminding family, friends, and neighbors to get out to vote.
- ☞ Carve vote in a pumpkin!
- ☞ Take your kids to vote!
- ☞ Have an election party and watch the results!

Vote with Children in Mind promotes family citizenship and put children's health on the election radar screen. For more information on Vote with Children with Children in Mind please call 517- 482-5807 or see www.mcmch.org.
