



# ROADMAP TO MENTAL HEALTH AND SCHOOL SAFETY

WHERE ARE WE NOW?

**1 in 5**

Michigan school-aged children has a **MENTAL OR EMOTIONAL DISORDER.**

**37%**

of students felt **SAD** or **HELPLESS** almost every day for **TWO WEEKS** or more in a row that impacted their daily activities.

**8%**

of Michigan students **DID NOT GO TO SCHOOL** at least once in the previous 30 days because they felt **UNSAFE** at or on their way to school.



**21%** of students seriously considered **ATTEMPTING SUICIDE** in the last 12 MONTHS.

In Michigan, nearly **84,000** adolescents aged 12-17 had at least one **MAJOR DEPRESSIVE EPISODE** within the year.

**23%**

of students were bullied on school property.



**56%** adolescents aged 12-17 with MDE (Major Depressive Episode) **DID NOT RECEIVE TREATMENT** for their depression.

WHERE DO WE NEED TO GO?

- EXPAND** direct mental health services to ALL students
- MANDATE** social emotional health education in schools
- REQUIRE** consistent screening for emotional and mental disorders in both schools and health care settings
- BUILD AWARENESS** of how trauma/adverse childhood experiences impact youth



American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



Michigan Chapter